

#### **ASQ-TRAK2 English**



#### 12 Months



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Ages & Stages Questionnaires®, Third Edition (ASQ®-3) is a parent-completed child monitoring system.

This flip chart is to be used in conjunction with the ASQ-TRAK questionnaires. It has been designed to be viewed by parents and caregivers, while the practitioner administers the questionnaire by interview.

Please refer to the ASQ-TRAK guidelines for advice on scoring the questionnaire.

For further information on the ASQ®-3 go to agesandstages.com



We wish to recognise the generous contributions of the communities which participated in the development of the ASQ-TRAK and the organisations that have supported this work.

For more information about ASQ-TRAK and other work of STRONG kids, STRONG future, please visit **strongkidsstrongfuture.com.au** 





#### 12 Months

#### **Gross Motor**

How your baby uses their arms and legs.





1. When your baby is holding onto something to help them stand, do they bend down, pick up a toy from the ground then stand up again?





2. When your baby is holding onto something to help them stand, do they sit slowly without sitting hard or falling?





**3.** Does your baby walk beside chairs or beside people sitting on the ground, holding on with just one hand?



#### 12 Months

**Gross Motor** 



**4.** When you **hold both** of your baby's hands to help them stand, do they start walking without falling or tripping over?

Scoring Instruction: If the baby can already walk without help, tick YES.





**5.** When you **hold just one** of your baby's hands to help them stand, do they take a few steps forward?

Scoring Instruction: If the baby can already walk without help, tick YES.



#### 12 Months

**Gross Motor** 



6. Does your baby stand up by themselves and take a few steps forward?

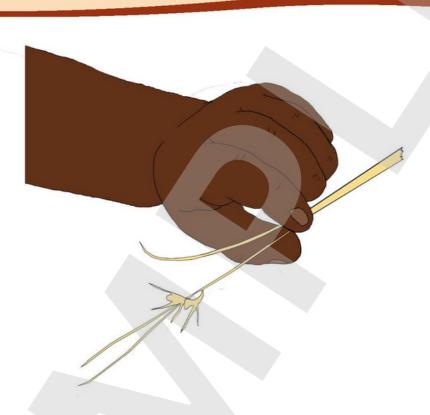


#### 12 Months

#### **Fine Motor**

How your baby uses their hands and fingers.





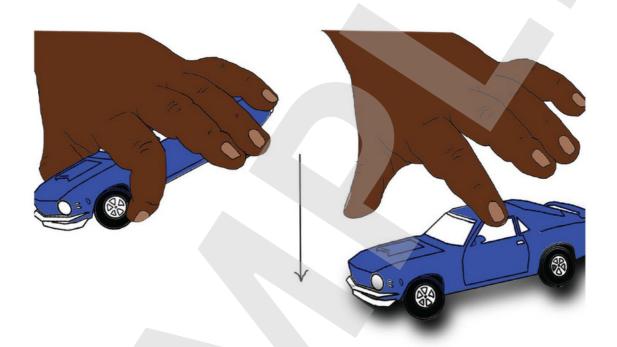
1. Does your baby pick up a piece of grass or string between their thumb and first finger? (They can try one or 2 times.)





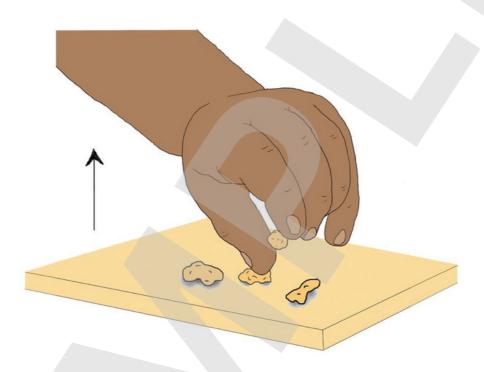
Does your baby pick up a small piece of food (like a piece of biscuit or a pea) with the tips of their thumb and a finger? (They can rest their hand on the table while doing this.)





3. Does your baby put down a small toy without dropping it, and then take their hand off the toy? (You could also use a mobile phone or other object.)

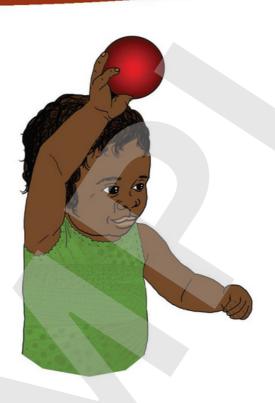




**4.** Does your baby pick up a small piece of food (like a piece of biscuit or a pea ) with the tips of their thumb and a finger, **without resting their hand on the table?** 

Scoring Instruction: If the baby rests their arm or hand on the table while doing this activity, tick SOMETIMES.

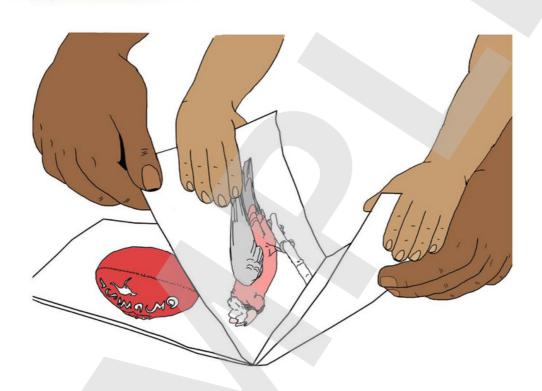




5. Does your baby throw a small ball away in front of them?

Scoring Instruction: If the baby just drops the ball on the ground, tick NOT YET.





**6.** Does your baby help turn the pages of a book? (You can lift a page for them to grab.)



#### Communication

How your baby listens, talks and how they let us know what they are thinking.





**1.** Does your baby make 2 sounds that are the same, like "ba-ba", or "da-da" or "ga-ga"? (The sounds might not mean anything.)





2. When you say "Clap your hands", does your baby clap their hands to play, even before you show them?





3. This question wants to find out if your baby understands your words.

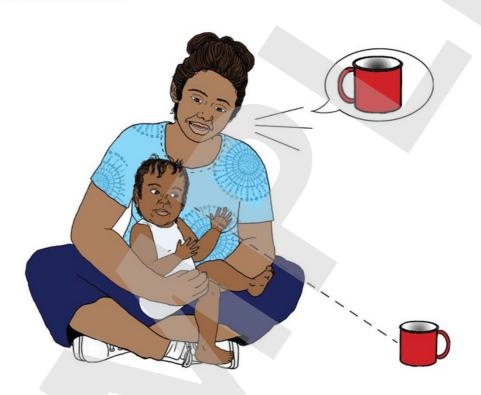
When you say, "Come here" or "Give it to me" or "Put it back", does your baby understand and do what you tell them? (Do not point to help them or use your eyes to show the way. You can tell your baby in Language.)





**4.** Think about a time when your baby wants to tell you something. Do they say 3 words that have a meaning? (They might say "ama-ama" for Mum, "bapa" for Dad, or "ata" for food or "ama" for milk. The words can be in Language.)





5. This question wants to find out if your baby understands your words.

When you say to your baby, "Where is the cup?" (or ball or dog), do they look at that thing? (Make sure that the thing is there when you ask. The words can be in Language.)

Scoring Instruction: If the baby knows one thing or more, tick YES.





6. When your baby wants something, do they point to it to tell you?



#### 12 Months

#### **Problem Solving**

How your baby thinks about things and works out problems.





**1.** When your baby holds a cup or small toy in each hand, do they clap them together?





2. This question wants to find out how your baby works things out.

Put a small piece of food (like a piece of biscuit or a pea) inside a clear water bottle. Does your baby try and get it out?





3. This question wants to find out how your baby works things out.

Hide a small toy under a cloth while your baby is watching. Make sure they cannot see any part of the toy. Does your baby find it?





4. This question wants to know if your baby copies you.

Put a small object (like a block or a small rock) into a bowl or container. Does your baby copy you and put in an object? (They might not drop the object, but still hold it inside the bowl.)

Scoring Instruction: If the baby already drops the object in the bowl or puts it in without letting go, tick YES.

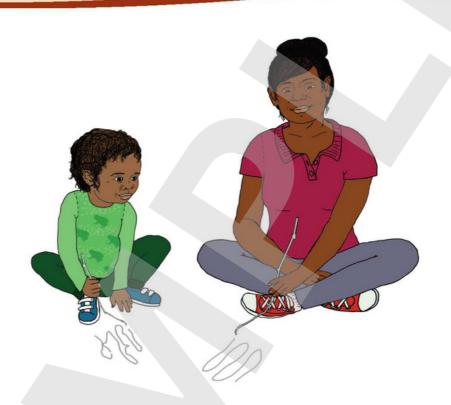




5. Does your baby drop 2 small objects (like blocks or small rocks), one by one, into a bowl or container? (You can show them how to do it first.)

Scoring Instruction: If the baby drops one object, tick SOMETIMES.





**6.** Scribble up and down on paper or in the sand while your baby watches you. Does your baby copy you by scribbling? (You can use a pencil or crayon on paper, or a stick in the sand.)

Scoring Instruction: If the baby already scribbles by themselves, tick YES. If the baby makes dots instead of lines, tick NOT YET.

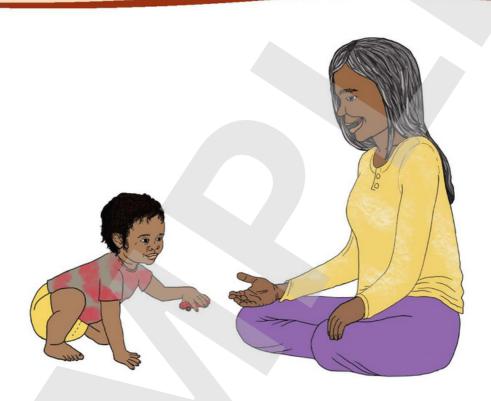


#### 12 Months

#### **Personal Social**

How your baby acts with other people and how they behave.





1. When you hold out your hand and ask for your baby's toy, do they offer it to you? (They do not need to drop it.)

Scoring Instruction: If the baby already drops the toy into the caregiver's hand, tick YES.





2. When you dress your baby, do they help by pushing their arm through the sleeve?





**3.** When you hold out your hand and ask for your baby's toy, do they drop it in your hand?

Scoring Instruction: If the baby offers the toy but does not drop it in the caregiver's hand, tick SOMETIMES.





**4.** When you dress your baby, do they lift their foot to help put on their trousers?





**5.** Does your baby roll or throw a ball back to you, so that you can roll or throw it back to them?





6. Does your baby hug a doll or soft toy?

